

Wriggly reader session  
Measham Library 2-2.45  
2nd Friday in a month

Big blue bus Thurs 10.30 - 12pm  
Widgeon Drive Measham

Bosom Buddies - breast feeding support  
Tel: 01530 249655/815112 or 24 hr La Leche sup-  
port line 0845 1202918

Tiny Tums Breastfeeding Café - Thurs 1.30—3.30  
Hood Park Leisure Centre Ashby

Baby Massage free 4 week course run by Nursery  
Nurse

Twins group - Thurs 10—11.30 once a month  
As above venue

New Parents group - Weds 10—11.30  
Measham Methodist church, Bosworth Rd

### USEFUL INFORMATION

Leicestershire Childcare Information  
Tel: 0116 265 6545

Derbyshire Childcare Information  
Tel: 0845 6058058

WWW Net mums.com

WWW.dad.info

NHS Direct 08454647

EVERY FAMILY WITH A CHILD  
UNDER 5 HAS A HEALTH VISITOR.  
OUR ROLE IS TO OFFER SUPPORT AND  
ENCOURAGEMENT  
THROUGH THE EARLY YEARS  
FROM PREGNANCY AND BIRTH  
TO PRIMARY SCHOOL.  
WE WORK CLOSELY WITH THE GP'S

### **YOUR HEALTH VISITING TEAM AT MEASHAM MEDICAL CENTRE**

CHRIS CLAMP HV  
JO CHESSMAN HV  
LESLEY RENTON NURSERY NURSE

TEL: 01530 270391

DROP IN CLINIC  
At Medical Centre

EVERY TUESDAY

1.30—3.30

FOR ROUTINE WEIGHING  
AND ADVICE